



VOLUME II | ISSUE III | AUGUST 2021



# At the Helm

## MESSAGE FROM THE SENIOR PRINCIPAL

The month of August at Bhavans has always been characterised by zealous Independence Day celebrations. Remembering the sacrifices of the brave, commemorating the valour of the revolutionaries, and reliving the moments that define history, never fail to ignite a spark of vehement patriotism in all of us. The experience, each year is moving and memorable.

This year, despite being confined to our homes, let us not forget to celebrate all those brave men and women, whose courage and dedication helped us win our independence. At the same time, let us ruminate on how freedom takes new meanings for each one of us today. Is it limited to freedom from external agents or, does it extend to a more intrinsic and symbolic interpretation of freedom? Are we still letting ourselves be governed by invisible vices like prejudice and ignorance that we need to break free from? Do we rush to judge without thought? Let us spend some time deliberating on these questions as we form our personal views on freedom in the modern world.

Finally, let us not allow our constraints to limit our celebrations. Though we celebrate from our homes, let us not allow inertia to set in. Be it the Independence Day Festivities or partaking in the Olympic Fervour, let us ring in the festivities with the same delight and interest as always.

Jai Hind!

*Vineeta Arora*

Senior Principal





# Steering the Sails

FROM THE EDITORS...

Activity can be epitomised as an elixir of life, and there is no other word that captures this essence as exquisitely as 'sports' does. Hence, in this gripping edition we pay our tribute to the inherent, unshakable and enigmatic spirit of sport in all of us. In despondent times like these, where we are bereft of the boundless joy that comes with engaging in kinaesthetic arts, we have realised ever so astoundingly, the irrefutable and beguiling charm of sports in our day-to-day lives. Be it pursuing sports professionally, playing routine games with our peers in the neighbourhood, religiously following our favourite sports persons, or even avidly watching and discussing sports that captivate us- athletics has always managed to keep us engaged in every possible way.

Not only does sports serve as the very pillar of bodily fitness and growth, it is also a great area to vent out our emotions and channelise our dynamic energies in a productive manner. Needless to say, we at Bhavan Vidyalaya have always fostered the grit and spirit of sportsmanship, which is further strengthened with this issue. From talking about inclusivity in sports, to pouring out the details of upcoming Tokyo Olympics, you will be riveted by spectrum of content on offer. While perusing through the pages, let the epic journey of Indian players inspire you, as you reminisce their felicitous victories. Your exhilaration will grow unbound as we get together to mark the 74th year of Indian Independence.

Therefore, loving readers, put on your sporty caps as you hop onboard! And what better way to wish you good than the official Olympic motto; because together we are  
"Citius, Altius, Fortius" (*Faster, Higher, Stronger*)!



# The Bhavan Dispatch

## Exceptional Class 12 Results 2020 - 21

Aditi Singla tops the Tricity in Commerce with an aggregate of 99%.

Aarna Galhotra & Guramrit Singh are school toppers with 99.2%

**School Average: 93.83%**  
**Commerce Average - 94.55%**  
**Humanities Average - 93.98%**  
**Sciences Average - 92.96%**

### Going by Numbers

Students scoring 95 percent and above: **105 students**

**[46.67% of total students]**

Students scoring 94 percent and above: **127 students**

**[56.44% of total students]**

Students scoring 90 and above: **192 students [85.33% of total students]**

### Perfect Hundreds

**27 students scored perfect hundreds. This included 7 in Economics, 5 in Music, 5 in Mathematics, 4 in English, 2 in Accountancy, 2 in Physical Education, 1 in Biology and 1 in History.**

### School Toppers

**Humanities:** Aarna Galhotra topped the Humanities stream, scoring perfect 100s in English, Economics & Maths. Lavanya Goswami stood 2nd in the Humanities stream with a perfect 100 in Music. The 3rd position in Humanities was bagged by Akshara Bhalla, Prabhav Sharma, Raunaq Singh Bawa & Shria Jindal who scored 98.6%. Akshara Bhalla scored a perfect 100 in Physical Education.

**Non-Medical:** Guramrit Singh topped the school with 99.2% and perfect 100s in English, Maths and Physical Education. He also has a 100 percentile in JEE Mains. Alankrit Kadian stood second with 98%. Aadi Jain stood third in the Science Stream with 97.4% with a perfect 100 in Music.

**Medical:** Naman Bajaj, Ritisha Guptasarma and Vasundhara Chaudhary topped the medical stream with 97.2%. Vasundhara Chaudhary also scored a perfect 100 in Biology. Pushpraj Poonia scored 96.8% and stood 2nd. Vinita Nandy scored the 3rd position with 96.4%

**Commerce:** Aditi Singla stood first with 99%. She scored perfect 100s in Accountancy, Economics, English & Maths. Shreya stood 2nd with 98.8%. In the 3rd place, were Tarun Jindal, Vasu Mittal, & Bhanvi with 98.6%.

**Bhavan Vidyalaya Chandigarh Shines**  
**Exceptional Class XII Results**

**School Toppers**

**85.33% students score above 90%**

Student Name	Percentage	Stream
Aarna Galhotra	99.2%	Humanities
Guramrit Singh	99.2%	Non Medical
Lavanya Goswami	99%	Humanities
Aditi Singla	99%	Commerce
Shreya	98.8%	Commerce



# The Bhavan Dispatch

## Governor V P Badnore unveils Foundation Stone for Bhavan Vidyalaya, New Chandigarh

His Excellency Shri V P Singh Badnore, Governor Punjab & Administrator Chandigarh, unveiled the foundation stone for Bhavan Vidyalaya, New Chandigarh in a felicitous ceremony on the 28th of July 2021. Chairman Shri R.K.Saboo was present at the Raj Bhavan for the event, while other members of the Management and other members of the Kendra Committee attended it virtually via teleconference. This new campus at New Chandigarh is the 3rd under the umbrella of Bharatiya Vidya Bhavan, Chandigarh Kendra, along with the Senior Wing at

Sector 27B and Junior Wing at Sector 33. The new campus shall be functional from the next academic year 2022-23.



## BOSS organizes 2nd Vaccination Camp on Campus

Bhavan Old Student Society (BOSS), with the support of Chandigarh Administration organised its second Covid vaccination drive at the school on the 31st of July 2021. Over 200 doses of the vaccine were administered in this well-ordered camp, while adhering to all social distancing and sanitization protocols, masks and mandatory medical check-up. The event was inaugurated by Shri. R K Saboo, Chairman, Bhartiya Vidya Bhavan Chandigarh; Special guest Shri Yashanjit Singh, IRTS graced this well-organized event along with Secretary Mr. Madhukar Malhotra.





# The Bhavan Dispatch

## Devika Sihag wins Cash Prize from Govt. of Haryana

Leading shuttler Devika Sihag, a student of class 11, won a cash reward of Rs.200,000 from the Sports Department, Government of Haryana, in recognition of her exceptional achievements in badminton during the last year. Devika is ranked No.2 in Girls' Doubles and No.6 in Girls' Singles as per the rankings released last year by the Badminton Federation of India. She also won Gold in Sub-junior Doubles (U-17) and a Bronze in U15 singles in the Nationals and a bronze as part of the U19 team.



## Bhavan Old Students organize Blood Donation Camp

A Blood Donation camp was organised by Bhavan's Old Students' Society (BOSS) in association with ex-Bhavanite Mr. Vipul Dua, at Peddlers, Sector 35 Chandigarh on 12th July. This is the 28th Annual Blood Donation Camp organised by the team. A team of doctors from the Department of Transfusion Medicine, Blood Bank, PGI Chandigarh, managed the camp, and briefed the donors about the process and the importance of blood donation.



## BOSS conveys gratitude to Punjab Police

Appreciating the selfless work done by Punjab Police during the pandemic, Bhavan's Old Students' Society (BOSS) conveyed their gratitude to them by donating over 3000 chocolates to Shri Gaurav Yadav, IPS ADGP (Admin), Punjab Police as a symbolic gesture. Sankalp Foundation joined hands with BOSS in its endeavor to honour corona warriors by sponsoring the chocolates.







# Our Campus Stars



## SPORTS AWARDS



### FENCING CHAMPS

In the District Fencing Championship held on the 17th and 18th of July in Panchkula, **Anushka Sharma**, 12B1 won three gold medals in the U-20, U-21 and the Senior category in the Épée event. **Shiviya Arora**, 9B won two golds in the U-20 and U-23 categories, and also bagged two silver medals in the U-17 and Senior category in the Sabre Event.

Both students represented Panchkula District in the 28th **SENIOR HARYANA STATE FENCING Championship** held at Rohtak where **Kurshi Arora** of class 12 and **Anushka Sharma** of 12B 1 won a bronze medal in Épée Team event in senior category.

**Shiviya Arora** of class 9B won a Bronze medal in FOIL team event in senior category and an individual Bronze medal in FOIL event in the senior category.

She has been selected to represent Haryana state in the **National Fencing Championship**.

### SPECIAL OLYMPICS GUJARAT

**Sachin Singh**, student of group 5 won Gold medal in the age group of 16 to 21 years and **Sameeksha**, student of group 4 won Bronze medal in the age group of 16-21 years in Virtual Badminton Championship organised by **Special Olympics Gujarat** on 15th July, 2021

**Ira Chadha** of 7C was the **Runner-up in U-13 Girls Tournament** in the **Punjab UTR Tournament** organized by **Roots Tennis Academy**.

**Karan Dwivedi** of 8B clinched the gold medal in the **U-13 Boys Badminton Championship** organised by Mamun Military station, Pathankot this July.

### ELOCUTION COMPETITION

(By BVC Interact Club)

#### **Classes 6 - 10**

**Winner-** Team Legacy Leavers  
Kanish Garg (9) , Paankhuri (7)  
**Consolation:** Sarthak Khosla,  
10C

#### **Classes 11 - 12**

**Winner-** Mishti Bansal (11)  
**Consolation-** Team Unite Up:  
Saumya Singla (11), Bhavya  
Bansal (11), Hitiksha (11), Ridhi (11)



# Our Campus Stars

## INTERSCHOOL COMPETITIONS

In a prestigious **National Level Marketing Mentorship Program** organised by **SRCC**, **Diya of 11 C1** secured **Rank 1**, **Vrinda Gupta of 12 C2** was ranked **2nd** while **Khushi Chandak of 12 C2** won the **3rd** place.

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**Harshita Singh of 11B2** won the **Bronze Prize** in the **Duke of Edinburgh International Award for Young People** this year.

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**Misti Sood, Himanshi Garg and Shairvi Sardana** of 12C1 & 12C2, participated in **Global Theatre Challenge** at **IOWA State, US** and bagged the **3rd Position** in the popular votes category. They received a prize money of \$500.

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**Sameer Malik of 12A2** won the **Best Delegate Award** in UNESCO at Alexis International MUN, in UNW at World Empowerment MUN and Honorable Mention in NATO at Delegate MUN 2.0.

.....

**Varuni Raghav of 8C** won the **2nd Prize** in an **Online Quiz** conducted by '**Jyophs - The Learning Centre**' on World Environment Day.

**Ojaswi Aggarwal** of 6A bagged **1st Position** in **Pencil Shading & 1st Position** in **Poster Making** organized by Puppet Theatre, Chandigarh.

**Ojaswi Aggarwal** also won the **1st Position** in **Rangoli Making & 3rd position** in **Meme Creation** organised by PNA

**Mission Planet** was organized by **Bhavan's Gangabux Kanoria Vidyamandir, Kalkata** on the occasion of World Environment Day. The teams from BVC won the following awards:

**Speech & PPT (live show).**  
**Classes 9 & 10.**

**Arjun Verma & Arjun Aggarwal** of 10C won the **3rd Prize**.

**Video Making**  
**Classes 11 & 12**

Our team consisting of  
**Urvi Gakhar 11A2**  
**Mehak Gera 11A2**  
**Arpita Gupta 11C2**  
**Mouli Chawla 11A2**  
**Deshna Jain 11A1**  
won the **3rd Prize**.



# Our Campus Stars

## INTERSCHOOL COMPETITIONS

**Kritvee Sharma** of 10A won an honourable mention out of 90 participants in the junior category in the Crossfire debate organized by SRCC.

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## CCA ACTIVITIES

### ORIGAMI ART

#### Class 6

**1st-** Agam Mohan, 6A

**2nd-** Yash, 6A

**3rd-** Rihaana Bedi, 6C, Sanyam 6C

*Consolation-* Ojasvi Aggarwal 6A,  
Mrigank Shekhar, 6B

#### Class 7

**1st** Aadya, 7C

**2nd** Anika Vohra, 7B

**3rd** Asna, 7A, Arnav Kaushik 7C

**Consolation-** Paankhuri, 7B

#### Class 8

**1st** Arnav Gupta, 8A

**2nd** Gauri, 8A

**3rd** Divyanka Gupta, 8A, Riya Garg 8B

*Consolation -* Priyanshi, 8A, Pragya  
Thakur 8C

**Paarth Bansal, Navratan Singla** of 11C2 & **Medhansh Bansal** of 12C2 participated in a 10 day **Virtual Trading Competition** organised by **Teefin**. They bagged the **1st, 2nd and 3rd** positions and received a **cash prize** of Rs. 7000, Rs. 4000 and Rs.2000 respectively.

### MODISH MARKETEERS 2021 BY ASCENSION

#### WINNERS

**1st-** Team Pixie Wings

Matisha Kansal, Gauraangi &  
Vedika of 10E

**2nd-** Team Marketing Maestros  
Khushi Tanwar, Sanya Kansal &  
Samridhi Garg of 10A

**3rd -** Team Brillketting  
Saksham Sharma 9D &  
Shorya Singh 9C

#### Special Mentions

*Team Goal Diggers*

Mauli Negi, Japneet Kaur & Avi  
Khurana of 10D

*Marketing Musketeers*

Anushthan Rawat, Aanya Bansal,  
Ishpreet Singh of 9B

### ENGLISH DECLAMATION

**1st** Kanish Garg, 9B

**2nd** Matisha, 10E

**3rd** Sukhraaj, 10C ; Dev, 10B; & Kritvee, 10A  
*Consolation-* Narayani, 9C & Vandita, 9A

*Congratulations* 





### 5 effective tips from Sports Psychology to apply in daily life

#### 1 Self-Talk

Motivational self-talk improves endurance and performance, increasing both power output and time till one reaches exhaustion.

Fostering a sense of autonomy, competence, and relatedness can maintain and sustain motivation and allow the sportsperson to flourish.

#### Growing Intrinsic Motivation

2

#### 3 Dealing with Anxiety

Controlled breathing can help you relieve anxiety, improve circulation, concentration, digestion and increase energy.

Depending on the type of work you do & the amount of attention you give to details:

- Develop a broad/external focus for bigger tasks
- Have a narrow/internal focus when digging into something detailed

#### Divide Focus

4

#### 5 Goal Setting

Goals focus attention, consolidate efforts and keep your motivation consistent over long periods of time.

## MANAGE ANXIETY

### THE ATHLETE WAY

Here are some common ways by which therapists help sportspersons deal with anxiety and stress before the big game!

1. Imagine the worst case scenario and think of how you'd deal with it.
2. Practice deep breathing exercises before you actually need them.





# Happy Independence Day



**A REVOLUTION WHICH ULTIMATELY FREED US FROM THE CHAINS  
OF OPPRESSION!**

**A DAY WE REMEMBER WITH RESPECT!**

**15 AUGUST 1947**

Artwork by: Vaishnavi E P II A2



# Students Speak



IN CONVERSATION WITH BVC's BEST SPORT STARS

Interviewed by Vrinda Gupta 12C2



## DEVIKA SIHAG - BADMINTON

**Q. Please tell us about your journey so far. How did you start playing badminton? Where have you reached?**

I started playing badminton when I was 10. My father was at a stadium for his fitness when he saw some children playing there and got me enrolled to play too. Back when I played my first tournament, I was very nervous. I felt more confident only after playing many other matches. At first, it was tough for me as there were not many facilities available at the place where I

was playing. Right now, I am staying and training at the Prakash Padukone Badminton Academy, Bangalore. Here, we have proper gyms for fitness and many other facilities. I have great coaches and a lot of friends too, which is why I don't feel like I miss home.

**Q. What does a typical day in your academy look like?**

Here, we wake up at 5:00 in the morning and have sessions from 6 to 9 AM daily. Then we have breakfast and take some rest. There's one more session in the afternoon, around 3 PM, which goes on till 5 or 6 in the evening. After that we have time to study till 8 which is followed by dinner and then we go to sleep.



**Q. What has inspired you to become a badminton player?**

My father has inspired me to keep at it and continue playing badminton. He wants me to win an Olympic medal for my country. Among the badminton players, I see Tai Tzu-ying from Chinese Taipei as my role model. She's currently the No. 1 player in the world. I'm a big fan of hers and I love her strokes and reception skills.

**Q. What are some important lessons that you've learnt as a sports person? What's your message to the budding badminton players?**

I've learnt sharing, and have also developed leadership qualities as a sportsperson. Living in a hostel, I'm around many different people. I've learned how to manage things on my own and deal with different situations. To the aspiring badminton players, I just want to say that whatever you do, you should do it with your whole heart. Take opportunities & make use of the facilities given to you. Just give your best to everything!



## ANUSHKA SHARMA - FENCING

**Q. What aspect of fencing has turned out to be a real strength for you?**

Fencing has 3 events - Foil, Épée & Sabre. I play Épée. It matches the traits of my personality like patience. I need to be very patient in my game because it has a full body target & at the same time, I have to defend myself from the opponent who is targeting my entire body. Another strength is agility, handling multiple things simultaneously, like controlling my thoughts, controlling my body, & controlling my actions. I have to coordinate with my entire body.



**Q. What's your strategy to calm those butterflies while you compete?**

It is nearly impossible to calm those butterflies before a game, I mean it is but natural to have them. I choose to go for some workout music using headphones while warming up and then have some motivational talks with my coach. They definitely help. But obviously, when I see better players performing in front of me who are more experienced and have higher achievements - it does give a nervous feeling.

## NISHITA SIVASAMY - INLINE SKATING

**Q. What do you do to get to your best focused state while playing?**

I just think about why I'm doing this - the reason why I'm here, to play in a national tournament and thinking about all this motivates me to be at my best focussed state while skating. I also have my scheduled classes on weekdays which help me prepare for the same.



**Q. What's your advice for children who look forward to becoming good skaters like you?**

It's just that some people give up too soon. You shouldn't do that. No one should do that. You should look forward to skating as a fun sport - not just as a hobby though. You must enjoy yourselves while you're at it.



## ADHIRAJ SHAUNAK - ROLLER HOCKEY



**Q. How do you feel when you play well?**

I feel very confident while playing which helps me perform well. I give my best and want Chandigarh to be the winner. I love to play hockey because of my supportive team also. My team members always encourage me while playing. When we win a match, we are extremely happy because of the successful team effort that went into it.

**Q. According to you, what is the toughest part of being a roller hockey player?**

The toughest part of playing roller hockey is taking penalty shootouts. It's a very difficult situation because there is a lot of pressure on the player. There are only 5 chances to shoot and the whole team relies on you to ace it.

## KARANVEER S KANG - ROLLER SKATING

**Q. How do you cope with mental pressure during a tournament?**

My parents are my best supporters during a tournament. In any game, there's a pressure on all the players and we think about whether or not they'll take our pass or will they miss it, or if we'll do anything wrong...etc. So my parents, my coaches and my teammates help me recover from these thoughts by encouraging me to not stress out. They tell me, "I can do it" which makes me calm and confident.

**Q. What do you do to keep yourself fit at home?**

To keep myself fit at home, I usually go running for half an hour in the early morning. My coach also gives us a timetable for what all exercises we should do, how long we should jog and all that which helps me stay on track.





# Campus Club Spot

## ART & CRAFT CLUB

Courtesy: Art Department

The creative expression of children helps articulate their thoughts and feelings, and what better way to express themselves than art. Art and craft are fun, engrossing, and liberating media of expression. Here are some creations our young artists put together as part of their club activities.

Now, it's time for you to take inspiration and make the most of your weekend!



Tiya Aneja 10E



Mishti Garg 8D



Vaishnavi Bhardwaj 7A



Arushi Patial 7C



Aaditya Vashisth 7C



Eknoor Yadav 8A



Agastya Thakur 7C



Asna Gaurav 7A



Avani 6C



Adhiraj Shaunak 9D




Rajvir Singh 7A



# Campus Club Spot

## SHUTTERBUGS: THE PHOTOGRAPHY CLUB



The club celebrates World Photography Day on the 19th of August with its fantastic display of technique, thought and perspective. Notice how the students use composition techniques like rule of thirds, leading lines, symmetry, depth, negative space and minimalism in their pictures. Follow the club on instagram by clicking here. 



Courtesy: Ms Divya & Ms. Mukta



**Jasparteek Kaur 11B**



**Ramanuj Pandey 10A**



**Anush Chaudhary 10E**



**Sanyam Sharma 6C**



**Tanmay Sharma 12A2**



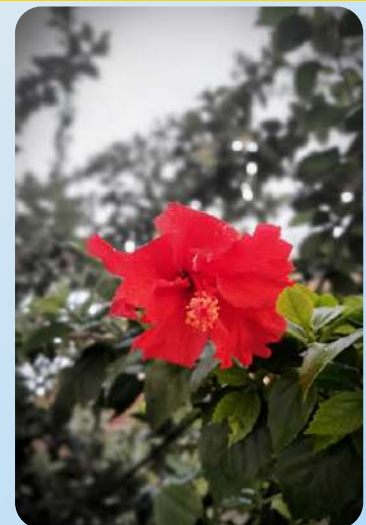
**Sameer Malik 12A2**



**Khushi 11B**



**Vansh Panwar 11B**



**Daateshwar Singh 9A**





## TRIBUTE TO *The Flying Sikh*

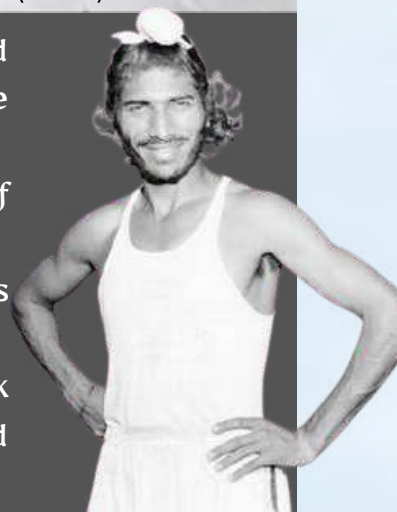
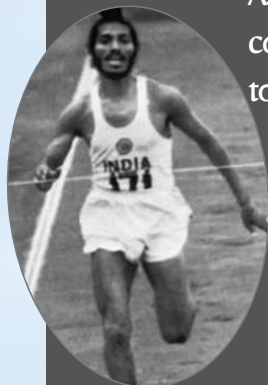
20 November 1929– 18 June 2021



Compiled by Prasha Bhatia, IIAI  
Special Thanks to Wing Commander (Retd.) Satish Bhatia

As legendary sprinter Milkha Singh passed away from Covid-related complications on June 18, Friday at 11:30pm, the whole nation came together to mourn his demise. A glimpse into his life

- Born on November 20, 1929 in Govindpura.(now a part of Pakistan)
- Joined the Indian Army in 1947 and thereafter discovered his passion for athletics.
- In the 1958 Asian Games(Tokyo), Milkha gave India its first track and field medal, after winning gold in 220m and 400m and defeated Asia's fastest runner Abdul Khaliq.

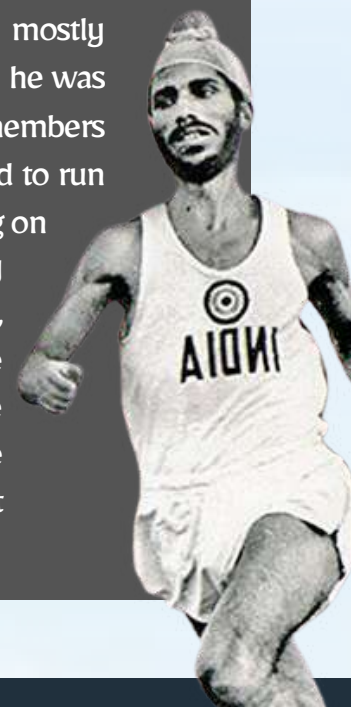


- Awarded Padma Shri in 1959 as recognition of his sporting achievements.
- In 1960, Singh went on to defeat Khaliq in Lahore, after which the then-President Ayub Khan gave Milkha Singh the title of "Flying Sikh".
- Milkha stood fourth in the Rome 1960 Olympics with a timing record of 45.73 seconds that stood for 40 years.
- Married Nirmal Saini in 1962



### **A Special Note from Wing Commander (Retd.) Satish Bhatia (Mr. Singh's Friend)**

Legendary Milkha was one of the greatest runners in the world and one of the fittest personalities. Although he was 91 years old, it never showed. Milkha and I mostly participated in Asian Commonwealth Games and Olympics as torch bearers. When he was in Chandigarh, we used to meet at all sports meets organised here. We both were members of Chandigarh Olympics Association and the Governor advisory committee. He used to run an NGO and I advised him on monetary affairs. His son, Jeev Milkha Singh is working on making his dreams a reality. Recipient of so many National and international awards including Padma Shri, Milkha was a fully dedicated and disciplined person. He was very humble and down to earth. He made the country proud with his achievements. Mills (Milkhas) are seldom born. Salute to such a great man. May his soul rest in eternal peace.





# THE INDIAN SUPER SQUAD

at the

# TOKYO OLYMPICS

*Making the Country Proud*

Compiled by Aaditi Garg 10A



## **THE SQUAD THAT UNITED US BY EMOTION**

**Neeraj Chopra - Gold Medal in Men's Javelin Throw (87.58m)**

**Mirabai Chanu - Silver Medal in Weight Lifting (Women's 49kg)**

**Indian Hockey Team- Bronze Medal, the first in 41 years**

**PV Sindhu - Bronze Medal in Women's Badminton Singles**

**Lovlina Borgohain - Bronze Medal in Women's Welterweight Boxing**

**Ravi Kum Dahiya - Silver Medal in Men's 57 kg Wrestling**

**Bajrang Punia - Bronze Medal in Men's Freestyle 65kg Wrestling**



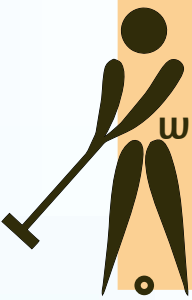
# Defunct Sports in Olympics

***Ever wondered why you've never heard of certain sports in the Olympics? Here is a list of discontinued sports that will surely surprise you!***

Compiled by: Avtansh Gargya, IOA

## CROQUET

Croquet was contested only once at the Olympics in the 1900 games. Seven men and three women partook across three categories. It was one of the two sports which had women (the other was sailing). The sport was removed since there was little interest and zero spectators.



## POLO

It was part of the Olympics from 1900 to 1936, barring 1904. In 1904, polo didn't feature at the Olympics because it was too costly to ship horses to the games. After the 1936 games, it was discontinued for the same reason.



## CRICKET

Fulfilling a long-time dream of cricket enthusiasts, the Olympic committee inducted the sport into the Games in 1900, where only Great Britain and France competed against each other. The sport was removed though, owing to a lack of participation from other nations.



## LACROSSE

The sport, played with a stick and a ball, was part of both the 1904 and 1908 Olympics, where the Canadian team was the winner. It saw participation from only Canada and Britain, so this sport was removed.



## TUG OF WAR

Tug of war was contested from the 1900 to 1920 Olympics. It allowed multiple clubs from one country to partake which led to discrepancies and unfair advantages. The sport was removed after a lot of controversies about strange rules like these.







# International Sporting Events

Compiled By Varuni Raghav 8C

## THE COMMONWEALTH GAMES



The former British territories contest in these games once in every 4 years, since 1930. This third biggest sport event has equal medals for both men and women.



The cycling race started by Henri Desgrange as a publicity stunt back in 1903 to raise the profile of L'Auto, the newspaper he worked for, has today earned the stature of being the world's biggest annual sporting event called **TOUR DE FRANCE**.

## TOUR DE FRANCE



## FORMULA 1



With its history traced back to 1950, '**FORMULA 1**' has global appeal and appearance with its base in Europe. An interesting fact- an average F1 driver loses 4kg per race due to the unbearable temperature in the cockpit.



From the first European Championship in 1960 to Cristiano Ronaldo's epic numbers, the Euro Cup also called the **UEFA** European Football Championship has made a global mark. The 16 European Championship tournaments have been won by ten national teams.

## UEFA FOOTBALL



## SUPER BOWL



The annual championship game of the National Football League (NFL), Super Bowl is also known as the "big game". Come February, talk of the thrilling annual championship **SUPER BOWL** is pretty much inescapable since 1967.



**[Click here to learn some intriguing facts about sports and sporting events!](#)**





# Indian Indigenous Sports

Compiled by Bhoomika Chawla 11C2

India is known for its folklores and stories since the dawn of the ages. Likewise, India is renowned for many interesting sports, be it indoors or outdoors. Here are a few of these sports:-



## KALARIPPAYATTU

It is one of the oldest forms of martial arts practised in the world. The Buddhist monks who traveled the east carried it back to their countries and made it famous worldwide until newer forms of Judo Karate and other forms of martial arts grew stronger.

## KHO-KHO

The game of chase was largely started by the people of Maharashtra but it soon made it into the popular culture thanks to the interest of the school kids. Played by twelve players, the objective of the game is to avoid being touched by the opponent.



## KABADDI

Legend has it that kabaddi originated in Tamil Nadu over 4,000 years ago. Past fans include the Buddha and the princes who played to display their strength and win their brides. The sport became part of the Beijing Asian Games in 1990.



## PACHISI

It dates back to almost the 6th century and has made it to the app world today as well. In the past, these games were a way to kill time for the kings and the knights, also to play out their royal strategies and sieges.





# NATIONAL SPORTS DAY



India celebrates its National Sports Day on 29th August every year commemorating the birth anniversary of the legendary Dhyan Chand. This day highlights the importance of sports and fitness in daily life.

Compiled by Kritvee Sharma, 10A

## VICTORY IS IN THE QUALITY OF THE COMPETITION AND NOT THE FINAL SCORE

On this day, the President honours several sports personalities with some of India's prestigious sporting awards: the Khel Ratna, Arjuna Award, Dronacharya Award, and also the Dhyan Chand Award that recognizes the lifetime contribution of a sportsperson in their field. On 6 August 2021, Prime Minister Narendra Modi took to Twitter to announce that the Rajiv Gandhi Khel Ratna stands renamed as Major Dhyan Chand Khel Ratna. The government has introduced several sports-related schemes such as the Khelo India, National Sports Talent Content Scheme, and others.



## DHYAN CHAND - THE HOCKEY WIZARD



Regarded as the best sportsperson ever produced by the nation, Dhyan Chand is most remembered for his 3 gold Olympic medals in 1928, 1932, and 1936 in field hockey.



Chand played his final international match in 1948. He had scored over 400 goals in his entire international career.



Known as the Wizard, and The Magician, Chand was a player like no other. The Hindi word Chand literally means the moon. Dhyan would be so engrossed in his game that he would often practice at night under the moonlight. Hence he came to be called Chand by his fellow players.





# FESTIVE SPORTS

Compiled by Bhoomika Chawla IIC2

India has many traditional sports, which are deep-rooted in our culture and a great number of them are played on various festivals . We bring you a list of four amazing festive sports that you should know about.



## VALLAMKALI

The game is also widely recognized as boat racing. It is the most celebrated traditional sport at the Onam festival in Kerala and encourages positive teamwork and spirit.



## KITE FLYING

Kite flying is popular among children as well as adults. Makar Sankranti is a culturally important festival for Indians and is celebrated with much fanfare. The tradition of kite flying is for a healthy exposure in the early morning Sun.



## JALLIKATTU

Jallikattu is a popular bull-taming sport. In Tamil Nadu, one of the ways to celebrate Pongal is by participating in this game.



## DHOPKHEL

Dhopkhel is a very popular game in Assam, which is played on the festival Rangoli Bihu. This game inculcates endurance, speed, and high-level thinking.







# SPECIAL HEROES

## SPECIAL OLYMPICS BHARAT

Courtesy: Mr. Anil Sharma

**LET ME WIN. BUT, IF I CANNOT WIN,  
LET ME BE BRAVE IN THE ATTEMPT**

### BHAVAN'S HEROES AT THE SPECIAL OLYMPICS

With this motto at its heart, Special Olympics is the world's largest sports organisation for intellectually or physically differently abled children and adults.

It all started with Eunice Kennedy Shriver realising the unjust treatment of the differently abled around the world. Today the organisation provides year-round training and activities to 5 million participants of 172 countries.

Special athletes compete around the world in 32 Olympic type sports with variations to cater to their special needs. These events are conducted every four years, while the summer and winter Olympics are organised every two years.



### SPECIAL OLYMPICS SUMMER GAMES HELD AT ABU DHABI 2019

#### **HARDIK AGGARWAL**

#### **ROLLER SKATING**

SILVER MEDAL IN 500 M RACE

BRONZE MEDAL IN 300 M

RACE BRONZE MEDAL IN 2 x 100  
M RELAY RACE

#### **HARDIK PAHWA**

#### **BASKETBALL**

SILVER MEDAL IN UNIFIED  
EVENT

### ASIA PACIFIC REGIONAL GAMES 2013

#### **HARDIK PAHWA**

#### **TABLE TENNIS**

GOLD MEDAL IN MEN SINGLES

GOLD MEDAL IN MEN DOUBLES

SILVER MEDAL IN MIXED DOUBLES



Hardik Pahwa



Hardik Aggarwal



# BHAVAN VIDYALAYA

## *Annual Sports Day*



**THE BVC ANNUAL ATHLETIC MEET**

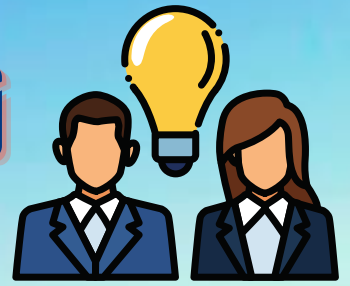
An Annual event, Sports Day saw every Bhavanite beam with determination and pride, as they saw the balloons float afar, and roared with adrenaline rushing up their nerves. The relays with the unmatched display of coordination and teamwork, the field and track events that tested our strength and sportsmanship, the tug-of-war that had our hearts in our mouth, the much-awaited staff races, the voices from the commentary box pushing us to take the leap – these cherished moments are ones we wish to go back to!

Compiled by Chhavi Goyal, 12C2



# 4

# ALTERNATE CAREERS IN SPORTS



Compiled by Kritvee sharma, IOA

## WANT TO TURN YOUR LOVE OF SPORTS INTO A CAREER?

You don't necessarily need to be an athlete to work in the sports industry, many professionals work directly with athletes or behind the scenes to support athletic events. We have picked some of the best options for you.

### 1. SPORTS PSYCHOLOGISTS

Sports psychologists handle the mental and emotional problems faced by an athlete. This can include helping athletes overcome mental barriers that are holding them back. Focus, relaxation, anxiety, and goal setting may be part of the process.



#### ACADEMIC REQUIREMENTS

Bachelors in Psychology, specialisation in sports psychology and accreditation from AASP

### 2. SPORTS MEDIA BROADCASTER



Love to talk about sports? Then sports commentator could be an option for you. They provide play-by-play commentary for the people in the arena and home audience watching a televised version of what's happening in the game. These announcers may also provide pre-and post-game analysis to the audience.



#### ACADEMIC REQUIREMENTS

Bachelor's degree in Mass media and communication with a diploma in physical education & oratory skills.

### 3. SPORTS JOURNALIST

The sports section has always been an important one, in newspapers, TV, and radios. As a sports journalist, you will have to cover sports events, interview coaches and players, etc. You need to master the art of communication and writing and have a keen interest in the game.



#### ACADEMIC REQUIREMENTS-

With a minimum of a bachelor's degree in mass media and communication specializing in sports journalism.

### 4. SPORTS DATA ANALYST

If working with numbers is your thing, then becoming a sports statistical analyst may be your cup of tea. This sports-related job helps analyze and predict the performance of an athlete or team. Some teams hire statistical analysts to help with scouting and recruiting players.



#### ACADEMIC REQUIREMENTS-

Bachelor's degree in the field of technology & mathematics and experience in predictive analytics.



# FUNDING DREAMS

## Sports Scholarships In India

Compiled by Nishtha Chopra I2A2



Here are some of the most prestigious and well known scholarships on offer in India.

### Netaji Subhas National Institute Of Sports (NSNIS), Patiala

Netaji Subhas Chandra National Institute of Sports, the academic wing of the Sports Authority of India provides state and national level scholarships to students who have won major sports championships. They are given Rs 6600, Rs 8400 and Rs 10,200 for national, state and college level respectively.

### Indian Oil Sports Scholarship

Indian Oil Corporation aims at helping young sportspersons to realize their dreams by offering two kinds of scholarships - Elite Scholar and Scholar. Players up to 19 years of age are eligible. The scholarship is worth Rs 42000 for scholar category and Rs 51,000 for elite scholar category.

### NISD National Sports Scholarships

NISD Sports Scholarship is presented by National Institute of Sports Development to talented sports persons of 8 to 21 years of age. The scholarship is worth Rs 6000 - Rs 9000 and will be enough for the regular education and other sports activities of the applicant.



[click here to know more](#)



### AAI Sports scholarship

This scholarship, awarded by the Sports Control Board of the Airports Authority of India, is available to anyone above 14 years of age who has sports awards in National and International championships. The scholarship amount is Rs 12000 per month for under 18 category and Rs 16000 per month for above 18 category.

### Khelo India Youth Games (KIYG)

KIYG are multidisciplinary national level games held annually for under-17 and under-21 age categories. The best 1000 participants are selected for the Rs 5 lakh scholarship.





# SPORTS ACADEMIES AND COMPLEXES

Do you play a sport professionally? Or are you an amateur? Looking for top-class facilities to practise your sport? We have some recommendations for you.



*in the  
tricity*

Compiled by Nishtha Chopra I2A2



*Chandigarh*

## **ABHINAV BINDRA SHOOTING ACADEMY, SECTOR 34A**



Set up by gold medalist Olympian, this eponymous academy provides world class training and facilities. With imported machinery, 3D digital screens and the best equipment, it is the first choice for any aspiring shooter.

## **BHAICHUNG BHUTIA FOOTBALL SCHOOL, SECTOR 16**



*Panchkula*

This football school set up by legendary Indian Footballer Bhaichung Bhutia claims to be the best in the country. With numerous tours, camps and training programs available, it inspires and trains young budding footballers and paves their way to national international success.



*Mohali*

## **GMADA SPORTS COMPLEX, SECTOR 71**



This is one of the most well maintained sports complexes in Mohali. It has facilities for many sports including Table tennis and Badminton. In addition to this, it has an excellent, clean and well maintained swimming pool.

## **SPORTS COMPLEX, SECTOR 42**



*Chandigarh*

This 90 acre sports complex in sector 42, Chandigarh has a hockey stadium which can accommodate over 30,000 spectators. It has facilities for sports like Badminton, Judo, Indoor Boxing and wrestling and also has a coaching centre for Kho Kho, Kabaddi, Handball and Bridge. It is well known for hosting National and International sports events.







# GAME NIGHT

Compiled by Sukirt Kaur 12A1



A family that plays together stays together

- 1 TABOO** ???
- Get your team to guess a word without using the word itself to describe it. The team with the most correct answers wins.

- 2 GIANT JENGA**
- Using only one hand, take a block out of the tower and place it on top of it. Remember, don't let the tower fall!

- 3 TWISTER**
- A game that ties you up in knots. It challenges you to put your hands and feet at different places on the mat without falling over!

- 4 ULTIMATE FRISBEE**
- Progress the disc up the pitch by passing it to teammates and land it safely in the end zone. The team with the most goals wins



# THIS MONTH IN HISTORY

Compiled by: Avtansh Gargya, IOA



**AUGUST 2, 1939**

Albert Einstein & Leo Szilard write a letter to President Franklin D Roosevelt concerning the development of atomic weapons in the Nazi State.



**AUGUST 15, 1947**

Pandit Jawaharlal Nehru, the soon-to-be Prime Minister, addresses the country, marking the birth of India. The country awoke from the slumber of subjugation with his famous speech, 'A Tryst with Destiny.'



**AUGUST 28, 1963**

'The March on Washington' takes place with over 250,000 people supporting a Civil Rights rally in Washington, D.C. It was here that Martin Luther King Jr. made his famous 'I Have a Dream' speech.

## ADDRESSING THE UNSAID



The stadium was stunned as sprinters John Carlos and Tommie Smith raised their fists in a 'Black Power Salute' on national television. As the Star-Spangled Banner's notes diminished, so did their sporting careers. But what they were fighting for was above all this. Their black gloves represented Black pride and their bare feet symbolized Black poverty. The then Olympic Committee felt that this little protest was a disgrace to the host nation and to America as well. The two were subsequently ousted from the competition. The crowd that assembled 52 years ago in Mexico City for a medal ceremony witnessed something of far more gravitas and solemnity. With cases like George Floyd coming up every other day, it is evident that the struggle which was seemingly culminated by the likes of Nelson Mandela and Martin Luther King Jr., continues to this day.



# Teacher Talk

## UNITED BY EMOTION

### Insights from the Sports Department

Courtesy Dr. Anil Sharma & Mr. Vijay Pal Singh, Sports Dept.

**WITH THE MOTTO, "UNITED BY EMOTION", TOKYO OLYMPICS MAKES THIS FEEL TRUER THAN EVER BEFORE.**

"REFUGEE OLYMPIC TEAM", is the unheard fact about the Tokyo Olympics, the team last seen in 2016 Rio de Janeiro games. Athletes of this team consist of refugees who took shelter at the refugee camps of different countries.



We have seen Olympics becoming more and more inclusive, this was one such remarkable action taken during the UNGA meeting, where the rights of refugees the world over were discussed in October 2015. Post this, we saw President of International Olympic committee Mr. Thomas Bach announcing a REFUGEE OLYMPIC TEAM. The goal was to send a message of hope and solidarity to millions of refugees around the world. To select refugee athletes and to train them, a fund of 2 million US Dollars was created by the IOC. First time in the history of Olympic games

under the flag of Refugee Olympic team 10 refugee athletes participated in 3 sports in Rio de Janeiro, Brazil Olympics 2016. After their successful participation, IOC announced that Refugee team will also be a part of TOKYO Olympics 2020. According to the recent figures 29 athletes from 11 different nations are expected to participate under the flag of Refugee Olympic team.

Spreading a message of hope and inclusion to millions of refugees around the world this step of goodwill hopes to inspire by strengthening the virtue of sportsmanship



# GO TEAM





# Campus Mélange

## THE STUDENT COLLECTIVE

### **ATYCHIPHOBIA**

It's ironic how we externalize the dark parts of this world while in actual, the dirt lies inside us, deeply embedded into our souls. So deep that we often oversee it. But the change has to start from within. The aforementioned was made crystal clear by the unfortunate death of George Floyd. The death of a 46 years old African man led to comprehensive protests across US and eventually crossed borders, for the mankind is connected and the agony inflicted on one, hurts the rest. The genesis of racism might be traced to the time of Greek philosopher Aristotle, who asseverated that the "barbarians" (non Greeks) are slaves by nature. It was in the 19th century that racism became intimately related to nationalism and after all these years of misery for a few fragments of our society, we have at last addressed the issue for good. Atychiphobia, ie, the fear of failure and being overlooked has compelled the population into subjugating the supposedly weak. The credence that one's thought process and deliberation is superior than others makes up for the most common provocation that leads to racism. And the only way out of this vicious cycle is to take a pause and rethink whatever has been taught to us. Our upbringing makes us who we are and that is exactly where the change needs to begin. It's time we make this world a place where we think and act free of any kind of bias.

**Pranjul Chandel 11 C2**

### **VIRAT KOHLI**

Virat Kohli is that name,  
Who brings tremendous fame.  
Confidence that builds around him,  
Doesn't let the pathways of victory dim.  
I like his passion and persistence,  
His discipline and body fitness.  
Determination of him made him a lad,  
His passion for cricket is truly mad.  
Attitude of him "NOT TO QUIT"  
Always a burning desire, doesn't let him sit.  
Though corona does not allow me to play  
cricket,  
Looking Forward to him is my heart's  
happy ticket.



**Urjit Chawla, 8B**



**BEAUTY LIES IN THE EYES OF THE BEHOLDER!  
DON'T THINK OR JUDGE, JUST LISTEN!**

**Sehar Gupta 11B1**



## TOY TRAIN!



Everyone has heard about the toy train some day or the other. Many of us would have taken a fascinating ride in it. Travelling in a toy train is an awesome experience which cannot be described in words. Still I will try to put my experience of that joyful ride in words. I boarded the train from the Shoghi Railway Station, a small town near Shimla. In the start, it was going slowly and smoothly though I was really excited as it was my first time. I was just listening to the sound of the train that is- "chug chug and chuff chuff" and I found it really soothing. Fortunately, I got the window seat but as we moved, there was a steep mountain on my side which blocked my view; I was really disappointed. I was travelling on a heritage train & had planned to click a lot of photos for uploading on my FB & instagram accounts, whatsapp, & to share with my friends. Then the view of the valley came on my side. I wasn't able to believe what I was looking at, a never before experience. I took out my phone out of my bag to take some photos but whenever I tried to take some, the trees used to come in between, this happened for around 10 times and then I felt like the nature is trying to tell me not to miss this pleasing view by clicking photos as no one can capture the real beauty in the photos. Beauty has to be felt, then I just sat back and closed my eyes for some time to completely make myself present over there. When I opened my eyes, I thought that maybe this is what heaven looks like (though I don't remember when I went there last). We reached the Tara Devi Station, then went through the long tunnels which were interesting as the sounds that echoed. We filled in some more passengers at the Jutogh Station and reached another cute station at Summer Hill. Finally we arrived at Shimla, the destination. I still don't have words to describe my amazing experience. Do take a ride whenever you get a chance as it'll be one of the most pleasing experience.

**Riddhima Sharma 10A**



**Radhay 11C2**



**Rishika Dahiya 8B**



**Khwahish Yadav 7A**





## Up in the sky

Kestramore. Just a small countryside town. Most passersby would just think of it as an old and boring place. Not caring to give it another glance. The few people who still inhabited the town were satisfied with the town. The kids played around the whole day, shopkeepers kept engaging small talks. One could say, they lived a peaceful life. That was until one day a stranger came and changed everything! It started as just another day in Kestramore. The shopkeepers were rolling the shutters of their shops. Despite the loud clanking of metal gears, they heard it. At first the sound was small, like the engine of a motorbike. It kept growing louder and louder. By the time the source was visible, the voice had become deafening. It woke the whole town up. A crimson helicopter was hovering right above the townsfolk. The crowd of the onlookers held their breath as a black figure jumped from above. The ground where the figure was assumed to fall was immediately evacuated. The humanoid figure stopped inches above the ground. As if... floating. Everyone stared in awe! The man wore a suit with a badge marked 'FBI'. In a grave voice he said. "I hope the demo of our new project amused you. Soon, all of you will be transported to a new flying home. The decision has been made. No one will notice you all to be missing. Consider yourself lucky. We usually don't give out that much information".

**THEY WOULD BE WORKING FOR THE FBI!**



Ananya, 8C

### Team Youth Changers

"An investment in knowledge pays the best interest" said by Benjamin Franklin. With this thought we are coming with our app 'Learning Saga'. Here, educated people can volunteer to teach kids and people can even donate stationery items. You can also see the workflow of our app by clicking here . We are five girls of Youth Changers team. This includes Tanya Bansal (7C),

Pragati Sareen (7A), Asna Gaurav (7A), Janya (7A) and

Navnoor (7C). We all have contributed our efforts in making this app. We made this app by observing our own country. We wanted our country and our world to be superstition free, poverty free and many more by educating them and giving them a chance to prove themselves by showing their courage, respect and dedication to their own world.

We faced many problems to make this app but we had our minds set that we will help our world to grow. While making this app we also got help from our mentors a lot and this app is needed because 'Education breeds confidence, confidence breeds hope and hope breeds success.

~ Team Youth Changers





## OFF BY A FEW INCHES

We were travelling in a large bus. It was filled with the chitter chatter of students and the cries of teachers who tried to calm us down, but there was no luck as everyone was excited for the trip to KidZania and Akshardham. But there was a particular excitement for two rides in the amusement park, a car ride and an adventure course. Everyone unanimously agreed that they will do the rides. All of us were pumped. Even I was excited and I have been to KidZania thrice! When we reached there, all of us split into two groups. One group went to the adventure course and the other went to the car ride. Everything went well for the first group but on the other hand things went downhill. As it turns out most of the students (including me) (sad 😞) (press F to pay respects) were slightly tall than the limit for the ride, some even by a few inches! And the students who were able to the ride teased us which added insult to the injury as the organizers told us that we would be able to do all the rides. Now it may not seem like a big deal to you but a few years ago it was a critical matter for us. But we ended up saving a ticket and were able to make our ice cream twice at the cooking activity so it worked out great for us. Nevertheless, it was a fun experience despite of the “minor hiccups” and I had tons of fun :D

**Rian Makkar 8B**



**Saumya Arora 9C**



**Shine Gupta 8C**

### Truthfulness

Truthfulness is being true,  
Being true in word and deed.  
It's being true to the self,  
Towards confusion it's paying no heed.  
A true person knows what is right,  
He knows well his duty.  
He is not bewildered by wrong desires,  
And of life he enjoys beauty.  
Those who use this perfect weapon,  
Shall surely achieve success.  
Truthfully one should do his part,  
Neither more nor less.  
Like did Gandhi Ji follow this path,  
Of nonviolence and of truth.  
He introduced the world to Satyagrah,  
He inspired man and enlightened the youth.  
Truth is the strongest tree,  
With the winds of inveracity, it can't be blown.  
It is the safest place to take shelter,  
To those with virtue it is known.



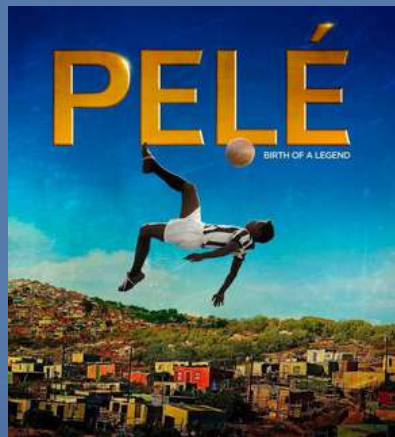
**Vandita Jain 9A**



# CC RECOMMENDS

## Inspirational Sports Movies

Compiled By Prabhat Rajagopalan, 11A2



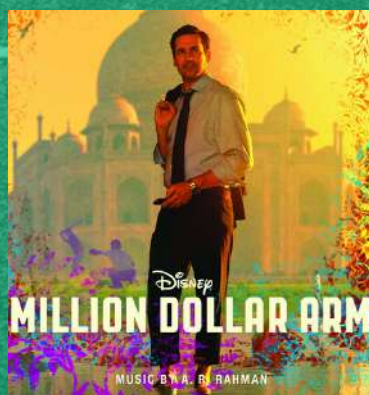
### **PELÉ: BIRTH OF A LEGEND**

This movie traces the trying life of Brazilian Star footballer Pelé, as he started out as a boy working with his father to support his poor family, yet practising football everyday until he made it to the top. Poignant, heartfelt and moving, this movie is sure to inspire you and tell you that hard work and determination are all it takes.



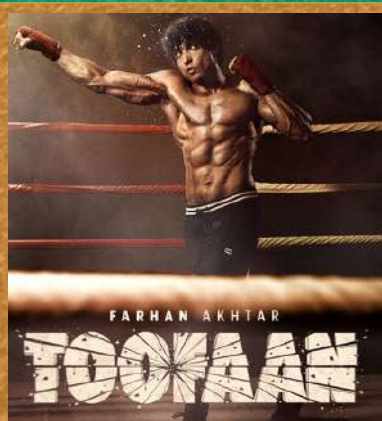
### **QUEEN OF KATWE**

In the slums of Katwe, lives ten year old Phiona, impoverished, illiterate, selling maize. Little does she know that meeting the missionary and local chess coach Robert Katende is going to completely turn her life around. See the story of Phiona as she rises through the ranks on her journey to becoming a Chess Master.



### **MILLION DOLLAR ARM**

In a final attempt to save his career, almost-broke baseball agent, J.B. Bernstein needs to find star-pitchers as soon as he can. Watch this adaptation of the true story as Bernstein heads to India to recruit local cricketers Rinku Singh and Dinesh Kumar and teach them about America, about baseball and about life.



### **TOOFAAN**

Toofaan is the story of a local street fighter, a ruffian who aspires to become a professional national boxer. See his story, through his determination and struggles on his journey to the top as he lets nothing stop him and bounces back every time life pushes him down.



# CC RECOMMENDS



## SPORTS ANIMES ✨

**Sports Animes are a genre of Japanese animation shows that are based on specific sports and focus on teamwork, achievement and passion.**

Compiled By Khushi Chandak, 12C2

### *Sk∞ (Skateboarding)*

**1 Season | 12 Episodes**



Set in Okinawa, the story revolves around a secret skateboarding competition at midnight known as 'S'. Reki Kyan takes along his friend Langa, who is a Canadian transfer student to 'S' and from there on they get pulled into the world of 'S' and its secrets.

### *Haikyuu!! (Volleyball)*

**4 Seasons | 85 Episodes**



Haikyuu!! revolves around the men's volleyball team of Karasuno High School, with special focus on their middle blocker Hinata Shouyou and setter Kageyama Tobio. The series highlights Hinata's journey in becoming a great volleyball player

### *Yuri On Ice!! (Figure Skating)*

**1 Season | 12 Episodes**



After facing a crushing defeat at the Grand Prix, top Japanese figure skater Katsuki Yuri puts skating on hold. Stuff happens and 5 times World Champion Viktor Nikiforov himself comes to his house and offers to coach him. From there on, this is a story that revolves around the relationship between Katsuki Yuri, Victor and the rising Russian star Yuri Plisetsky

### *Free! (Swimming)*

**3 Seasons | 37 Episodes**



The story is about high school swimming prodigy Nanase Haruka, who quit competitive swimming after an incident involving his rival Rin Matsuoka. However, he regains his passion upon Rin's return to Japan and rediscovers the joy of teamwork with his friends as he revitalizes the Iwatobi High School Swim Club.



# Humour Me!

*Count me in the game, please?*

Created by Vrinda Gupta 12C2

\* Everyone exalting England for winning Euro Cup \*  
Meanwhile Argentina after winning Copa America:



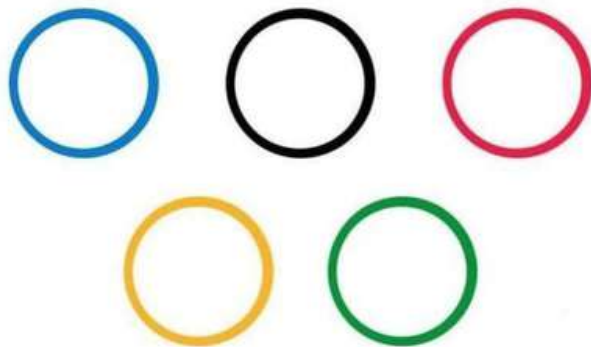
Who's ready for a  
**SPORTS**  
trivia?

1. What sport is called the 'king of sports?'
2. Olympics are held every how many years?
3. In what game is "love" a score?
4. What type of race is the Tour de France?
5. In Formula 1, what does the yellow flag mean?

**What do you mean**

**NO QUIDDITCH?**

2021 Olympics be like:



Parents one night before the big game:



Were you able to guess those Disney Movies?

- A** 1. DUMBO  
**N**  
**S** 2. RATATOUILLE  
**W**  
**E** 3. MOANA  
**R**  
**S** 4. FROZEN





FEATURE FICTION  
of the  
month

## The Tigress' Smile



By: Varuni Raghav 8C

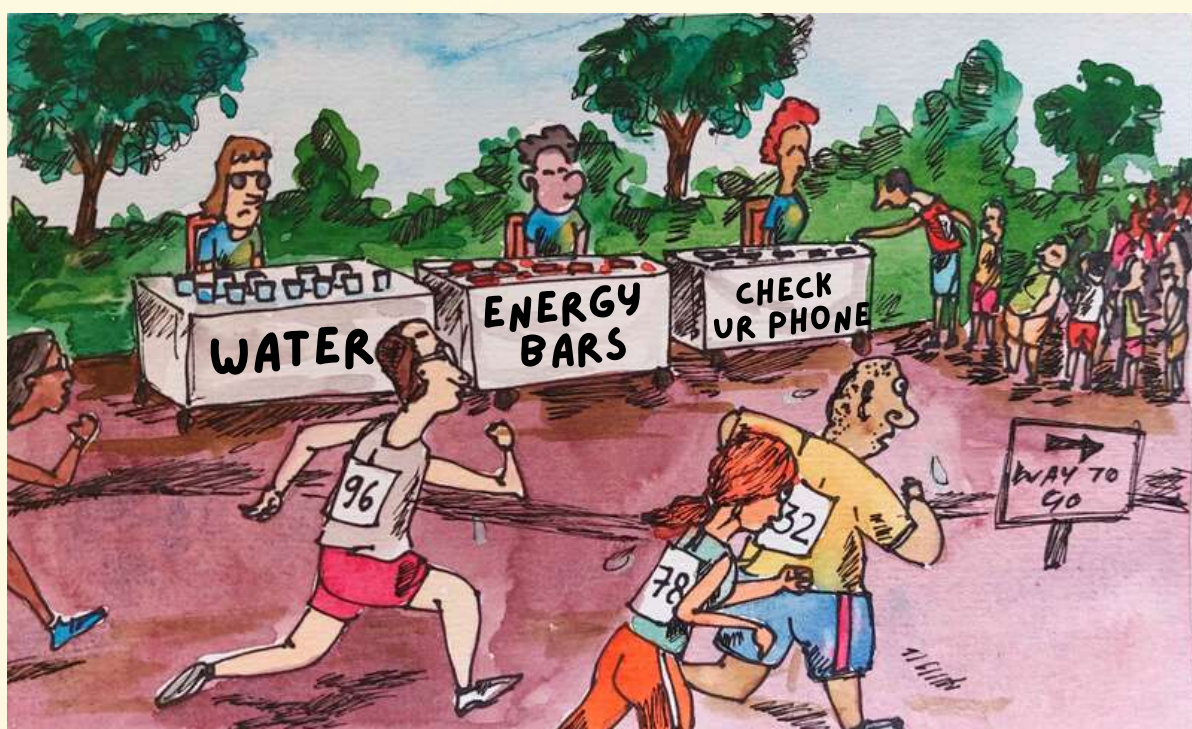
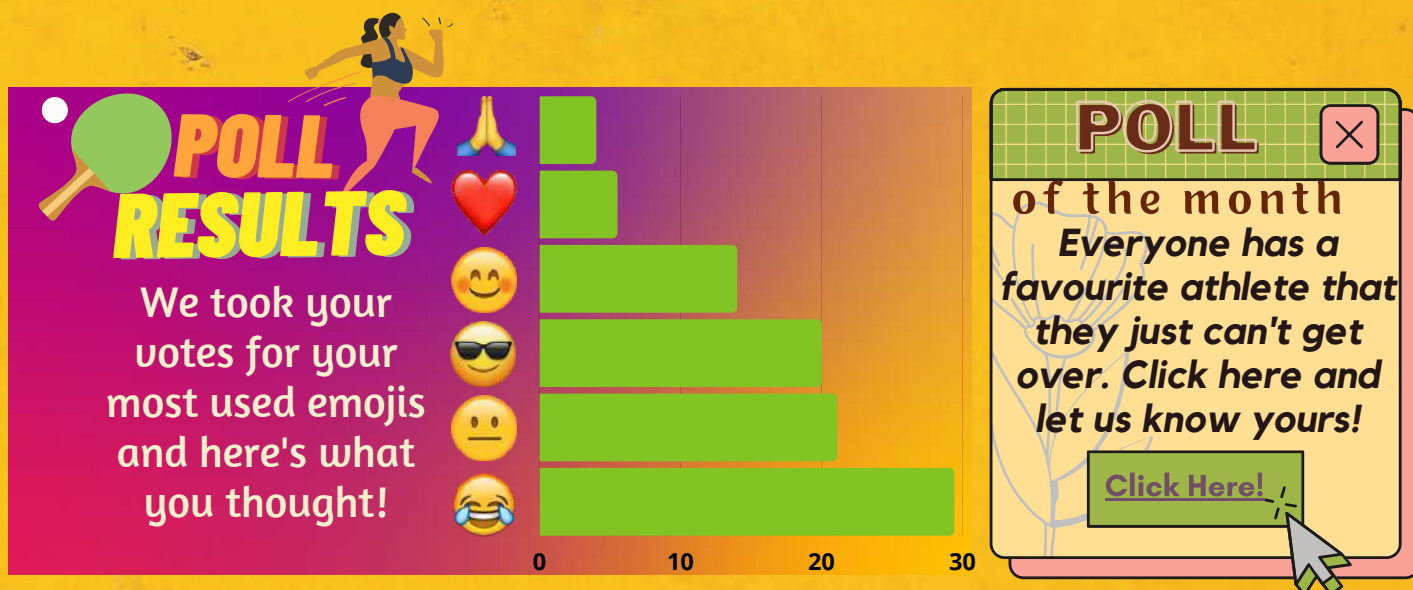
Birds' chirpings reverberated in the valley of Nathunga with daylight playing hide and seek amid the clouds. Vivacious butterflies twirled and danced in the thin air enticing Chetan to reach out to them, but his still right leg rejected to even shiver. How much he hankered to play with the butterflies amid the bed of flowers!

Chetan barely had any friends, for no one wanted to play with a lame child. Deep in his heart Chetan saw himself as a monster whom no one dreaded but loathed to be near. Abrupt shrieks quaked Chetan from his solitary time. The penetrating yells were piercing, and the thought of dripping blood and scattered bodies of innocents made Chetan exclaim "Not again! There has to be some solution to this killing business." Chetan mused for a minute and in the next minute heaved himself out from his hut carrying the bag his Ammi had just carried in after a quick shopping. Chetan felt an eccentric liveliness in his lifeless leg that day. Some superior power seemed to be with him, and he nearly leapt towards the yelps. Men with arms shouted at him "Go back you lame." Giving a cold shoulder, Chetan approached the eye of the storm.

He was face to face with the tigress which had decided to venture into human territory. If Chetan was in the mouth of the peril so was the tigress, for by now many guns had been fixated on it. Chetan stood waveringly on his half functional limb and flung the bag at the tigress. Alarmed, the tigress moved a step back but soon came sniffing towards it. Chetan was sure that he saw the tigress smile, a smile analogous to his Ammi's. The bag had the poultry and meat purchases of the week. The mother tigress was there to get food for her cubs. It dragged the bag and in no time vanished behind the bushes. Guns hidden behind premeditated points went down. People were too mesmerized to say anything. Chetan's Ammi ran to him and gave a slight slap before embracing him tightly. Chetan was carried home on many shoulders, that day for a lame boy had done what many had failed to do.







Artwork by: Taveeshaa Keprate, 12A2

“Should we stop by the new stall?”

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